

# June is Recreation & Parks Month 2026 Community Engagement Toolkit



This Toolkit serves as a resource for municipalities, community leagues, and partners to encourage them to lead their own June is Recreation & Parks Month (JRPM) activities!

## #Recreation&ParksMatter

This June, we aren't just playing; we are celebrating why recreation and parks matter, and the vital role they play in our mental, physical, and environmental health.

## How Your Community Can Participate In JRPM

- **The “Take It Outside” Challenge:** Use our downloadable Trash Walk Bingo Card to host a local park clean-up. Encourage participants to use “anything but a garbage bag” to collect litter for a social media-friendly twist.
- **Pop-Up Play Days:** Host a “JRPM in the Park” afternoon featuring fun, adaptive lawn games and bring out local movement instructors.
- **Hidden Gem Maps:** partner with your local council or community groups to create a “Hidden Gems” map of your town’s best trails, murals, or recreation spaces.
- **“Parks After Dark” Events:** evening programming can make parks feel new again! Host outdoor movie nights, glow-in-the-dark games (capture the flag), or night walks focusing on stargazing.
- **Intergenerational Recreation Events:** bring different age groups together with activities like: “Grandparent-grandchild Sports Days”, family relay games, or a community dance.
- **Community “Try It” Recreation Days:** host free drop-in programs at local parks or community leagues where people can try activities they don't normally have access to such as outdoor yoga, pickleball, tai chi, or ultimate frisbee.

## Sign the JRPM Support Letter!

Once your organization has signed the letter, make sure to send us your logo to be featured on our website as a signee!

Signed letters and logos can be sent to [cwoodley@arpaonline.ca](mailto:cwoodley@arpaonline.ca)



# 75 Hours Challenge

The 75 Hours of Recreation & Parks Challenge is a month long challenge, running between June 1<sup>st</sup> ~ June 30<sup>th</sup>, where individuals are encouraged to spend 75 hours partaking in recreation and parks activities.

- Download our 75 Ideas for 75 Hours Activity Guide [Here](#)
- Download our 75 Hours Colouring Tracking Sheets [Here](#)
- Find the Challenge Registration Form [Here](#)  
Find the Challenge Submission Form [Here](#)



Win a  
**\$500**  
Recreation & Parks  
Adventure Pack

**By Participating in the 75 Hour Challenge, participants are entered to win:**

- A \$500 value package including \$200 toward a recreation membership of their choice, program, or park pass, \$100 Sport Chek giftcard, \$100 MEC giftcard, and \$100 gas giftcard.

**How to Enter:**

- Register for the challenge.
- Track your hours throughout June – any hours tracked get you entered to win!
- Submit your total hours by July 5!

[More Information about the challenge can be found on our website here!](#)

