

New Recreational Activities

What's the trendiest new activity? Pickleball¹ tops the list, with cross country skiing² close behind.

Top activities Albertans want to try



6%

Pickleball



5%

Cross Country Skiing



4%

Going to a Gym



3%

Kayaking

Adults living with a disability are keen to join a gym or fitness centre.³

¹ Up 5% from 2017

² Up 3% from 2017

³ Statistically more likely than those who do not report living with a disability