



# Trends in Recreational Activities

## Albertans Favourite Recreational Activities

1 Walking 

2 Hiking 

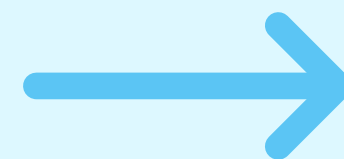
3 Camping 

4 Reading 

5 Golf 

- 11% more Albertans chose hiking as their favourite activity in 2022 than in 2017

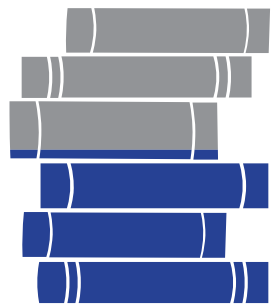
- **Albertans are active** 93% of people participate in physically active recreation.



# Trends in Recreational Activities



More than 50% of Indigenous people participate in gardening and hiking!



52% of New Canadians visit local libraries<sup>1</sup>



Racialized adults are more likely to participate in **soccer** than non-racialized adults<sup>2</sup>

**Hiking** and **Camping** are the two favourite activities of Indigenous Albertans.

<sup>1</sup> statistically higher than non-foreign-born respondents

<sup>2</sup> 15% compared to 4%